**Background:** This briefing card complements the ALNAV and NAVADMIN messages released to support the Secretary of Defense “Stop Movement” travel restrictions to mitigate the spread of COVID-19. The Navy’s priorities are the protection of Navy military members, Navy civilians, and their families; safeguarding and maintaining our ability to defend the nation and its interests; and supporting our U.S. Government partners in this fight. This will be done in a transparent manner that adheres to the latest guidance from the CDC and our overseas host nations. Force Health Protection (FHP) measures may not directly correlate to, and may even exceed, national or local guidelines in some areas to ensure mission success. Navy’s support to DoD mitigations, like stop movement, will continue until the outbreak is contained and local health care systems around the world can control the disease.

In order to mitigate the risk of transmission of COVID-19 among personnel, the Secretary of Defense made effective 13 March 2020 an overseas travel stop movement for Service Members, DoD civilians, and dependents to CDC Level 3 countries, and a stop movement for dependents to CDC Level 2 countries. This includes all forms of travel to include Permanent Change of Station (PCS), Temporary Duty and leave. In addition, the Secretary of Defense made effective March 16, 2020 a stop movement for the continental United States and its Territories for PCS moves and Temporary Duty for Service Members, DoD civilians, and their families, limited onboarding of civilians to those within the local commuting area, and limiting leave for Service Members to their local area. These orders will remain in effect until May 11, 2020.

The Secretary of the Navy issued ALNAV 025/20, Vector 15 Force Health Protection Guidance for Department of the Navy (DON) and ALNAV 026/20, which provided COVID-19 guidance to all DON personnel and commands. The Navy issued NAVADMIN 064/20 which amplified overseas travel restrictions and NAVADMIN 065/20 which amplified United States and its Territories travel restrictions. These restrictions are necessary to preserve force readiness, limit the continuing spread of the virus, and preserve the health and welfare of Navy military members, Navy civilians, and their families, and the local communities in which we live.

Overseas guidance follows the Centers for Disease Control and Prevention (CDC) Travel Health Notices for persons with travel in countries or areas with COVID-19 transmission, available at [https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html). Advisories are as follows:

- Level 1 – Watch, practice usual precautions (risk of limited community transmission)
- Level 2 – Alert, practice enhanced precautions (sustained (ongoing) community transmission)
- Level 3 – Warning, avoid nonessential travel (widespread sustained (ongoing) transmission)

The stop movement applies to all DoD uniformed personnel, civilian personnel and family members.

**Key elements of the NAVADMIN 064/20:**

- Stops movement for Navy military members, Navy civilians, and their families’ PCS travel to/from CDC COVID-19 Warning Level 3 countries effective 13 March (until 11 May).
- Delays dependent PCS travel to CDC COVID-19 Alert Level 2 locations effective 13 March and until 60 days thereafter.
- Provides guidance on TDY, leave and liberty.
- Provides for exceptions and approval process for the following travel cases: (1) determined to be mission essential; (2) necessary for humanitarian reasons; or (3) warranted due to extreme hardship.
- Defines mission essential travel as work that must be performed to ensure the continued operations of mission essential functions, as determined by the local Commander.
- Provides for PCS travel exceptions approved by PERS-4. Exceptions other than PCS travel will be approved by the first flag officer or SES in the member’s chain of command.
- Directs service members traveling to CONUS from a CDC Warning Level 3 and Alert Level 2 country to follow Navy Component Commander pre- and post-travel medical screening and reception procedures to include restriction of movement (ROM) for 14 days. These procedures are outlined in the attached DoD Force Health Protection Guidance (Supplement 4).
- ROM will require some members and dependents to reside in temporary lodging. Current law provides for only 10 days of temporary lodging entitlements (TLE). To accommodate the 14 day ROM in place, the Navy is working with OSD to receive authority to increase the number of days that a service member can be reimbursed for temporary lodging.
- Discourages official travel for meetings, conferences, site visits, etc. and encourages use of telework.

**Key elements of the NAVADMIN 065/20:**
- Stop movement for Navy military members, Navy civilians, and their families from traveling in the United States and its Territories.
- Policy applies to all PCS, Temporary Duty and non-local leave.
- Provides for exceptions and approval process for the following travel cases: (1) determined to be mission essential; (2) necessary for humanitarian reasons; or (3) warranted due to extreme hardship.
- Individuals who have already initiated travel (including intermediate stops) are authorized to continue to their final destination.
- Individuals whose TDY and leave ends while this NAVADMIN is in effect are authorized to return to their home station at the end of their TDY/leave period. For those members currently on leave, Commanding Officers are delegated authority to terminate leave early or allow completion of leave as authorized based on location, duration and risk to service member.
- Individuals pending retirement or separation during this period are exempt.
- Service Members who have not yet initiated travel are directed to contact Navy Personnel Command (NPC) for follow-on guidance. NPC is standing by to address each specific case and will authorize entitlements based on current location and situation.
- Other Official Travel (Meetings, Conferences, Site Visits, etc) by Service Members is prohibited and will require an exception.
- Navy commands may only onboard civilian employees within the local commuting area.
- Commanding Officers and Officers in Charge may authorize local leave in accordance with command policy.
- Approval authority for TAD travel or leave requests that include travel away from the permanent duty station is the first flag officer or SES in the chain of command- this applies for both uniformed service members and Navy civilians.
- Navy Personnel Command (PERS-4) is authorized to approve or deny stop movement exceptions for PCS travel.
- Service Members with questions regarding this stop movement or entitlements for PCS travel should contact the MyNavy Career Center (1-833-330-6622) or email ASKMNCC(AT)NAVY.MIL

**General Health Guidance:**
- Compliance with CDC guidance is critical to minimize the spread of COVID-19.
- Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
Maximize open doors within area with equivalent classification levels.
- Minimize meetings of more than five persons.
- Practice social distancing.
- Minimize attendance at large group gatherings outside of the workplace (for example concerts and sporting events with large attendance).

DOD Talking Points:
Protecting Our People

- The DoD’s first priority is the protection of our people.
- DoD has three priorities for dealing with coronavirus: 1) Protecting our people; 2) Maintaining mission readiness; and 3) Supporting the whole-of-government effort.
- DoD leadership is closely monitoring the effect of COVID-19 on services for the DoD community, to include DoD clinics, schools, and child-care centers. Local commanders have the flexibility to respond to conditions in their areas to effectively carry out their respective missions and meet the critical needs of their people.
- The Secretary of Defense has given commanders the authorities they need to make necessary decisions to protect their forces. Commanders are empowered to take necessary precautions because the virus is unique to every situation and every location.
- For weeks, the DoD civilian and military leadership, including all the service secretaries and combatant command commanders, have worked together to ensure the department is ready for short- and long-term scenarios, as well as domestic and international situations.
- DoD has issued CDC health guidance to the full force to ensure our people are informed of best practices for staying healthy.
- Commanders have cancelled or delayed numerous multinational exercises around the globe to ensure the welfare of our forces.

STATEMENT FROM CNO AND MCPON

Shipmates, the spread of the coronavirus is something that we are taking very seriously.

While many of you may be anxious, worried, or wondering what happens next, leadership at every level is actively engaged on this issue.

Our number one concern is the health and the safety of you, our Sailors – active and reserve, uniformed and civilian – as well as your families. We’re suspending official, personal, and PCS travel for the next 60 days both IN-CONUS and to designated locations OCONUS, as well as encouraging flexible work schedules and the use of telework -- all designed to slow the virus’ spread.

For now, we must use an abundance of caution. Keep an eye on your Sailors and continue to follow the guidelines of health officials – which includes washing your hands more often, avoiding public gatherings, and staying away from others if you’re sick. Don’t be a hero.

Our understanding of the coronavirus is rapidly evolving, and we may have to implement further measures to combat the spread of this virus.

America depends upon us to help provide security and stability to this nation, and that’s exactly what we will continue to do.

Stay safe Shipmates. Our nation depends on you.

Questions and Answers:
Q1: Where can Sailors find more information concerning COVID-19/all-stop guidance?
A1: Navy military members and their families who have questions regarding COVID-19 guidance or entitlements associated with stop movement should contact the MyNavy Career Center (1-833-330-6622) or emailAskMNCC@navy.mil. Detailers are ready to support all order modifications and commands
should work with their placement officers. Navy civilians should work with their local human resources office.

Q2: How does this NAVADMIN affect dependents?
A2: The Secretary of Defense has issued a stop movement as of 13 March 2020 for overseas travel to CDC Level 3 countries and 16 March 2020 for domestic travel, of all military and DoD civilian personnel, and dependents. Dependents are also restricted from accompanying on PCS orders to CDC level 2 countries.

Q3: What if you already detached enroute to a command?
A3: If your final command is CONUS, then you are authorized to continue to final destination. If your final command is OCONUS to a CDC Level 3 country, then you will not proceed to final destination. All service members are directed to contact MyNavy Career Center (1-833-330-6622) or email AskMNCC@navy.mil or their detailer at Navy Personnel Command (NPC).

Q4: What if you already shipped your car or your household goods?
A4: Entitlements will be in accordance with the Joint Travel Regulations and financial management regulation. To accommodate the 14 day Restriction of Movement in place for members returning from a CDC COVID-19 Warning Level 3 location, the Navy is working with OSD to receive authority to increase the number of days that a service member can be reimbursed for temporary lodging.

Additional questions can be directed to MyNavy Career Center (1-833-330-6622) or emailed to AskMNCC@navy.mil. Detailers are ready to support all order modifications and commands should work with their placement officers.

Q5: How long will this policy be in effect?
A5: These orders will remain in effect until May 11, 2020.

Q6: What options do Service Members have for family members to leave CDC COVID-19 Alert Level 2 and Warning Level 3 countries? Will they be reimbursed?
A6: Military orders apply to service member’s place of duty and the associated entitlements. Civilian family members are advised to remain in place with their service member.

Q7: How does this affect leave and liberty to restricted areas?
A7: Unless you receive an authorized exception, leave is restricted to the local area.

Q8: What if a Service Member going on leave has bought a ticket for travel? Will it be reimbursed?
A8: Reimbursement is between the service member and their travel provider.

Q9: Are detailers notifying Sailors if their orders are impacted by this policy? How are members notified?
A9: Detaching and gaining commands have been directed to make every effort to contact affected members in route to/from their command and to advise them of the contents of the NAVADMIN. Members with questions regarding this stop movement or entitlements should contact the MyNavy Career Center (1-833-330-6622) or email AskMNCC@navy.mil. Detailers are ready to support all order modifications and commands should work with their placement officers.

Additionally, affected members who have detached from their parent command shall report their status and contact information to their detailer or MyNavy Career Center.

Q10: What should a Sailor do if they have pending orders to or from a CDC COVID-19 Alert Level 2 or Warning Level 3 location overseas?
A10: Service members and their dependents under permanent change of station orders to or from a CDC COVID-19 Warning Level 3 location will stop movement and delay travel 60 days effective 13 March 2020. Service members under PCS orders to a CDC COVID-19 Alert Level 2 location will execute orders. Dependents of service members executing PCS orders to a CDC COVID-19 Alert Level 2 location will delay travel 60 days from the stop movement directive, effective 13 March 2020.
Q1: Are service members expected to pay out of pocket for lodging costs incurred due to this “restriction of movement” policy?
A1: Entitlements will be in accordance with the Joint Travel Regulations and financial management regulation. To accommodate the 14 day ROM in place for members returning from a CDC Warning Level 3 or Alert Level 2 COVID-19 location, the Navy is working with OSD to receive authority to increase the number of days that a service member can be reimbursed for temporary lodging.

For CDC COVID-19 Alert Level 2 locations, regarding service members with dependents, non-concurrent dependent travel entitlements will vary depending on each case. Navy Personnel Command is standing by to address each specific case and authorized entitlements based on current location and situation.

Q2. How will Sailors be informed about the impacts of COVID-19 on their upcoming PCS?
A2. General information on impacts to Permanent Change of Station orders will be put out on npc.navy.mil, or reach NPC on Facebook at https://www.facebook.com/navypersonnelcommand/. Impacted Sailors within 60 days of their PCS are currently being contacted by their detailers. If a Sailor has not been contacted, they can access their detailer's information by logging on to MyNavy Assignment, or by going to the NPC website (npc.navy.mil) and clicking the “contact your detailer” link in the top left hand corner, or by contacting the MyNavy Career Center (1-833-330-6622) or email AskMNCC@navy.mil. MNCC is open 24/7 and agents are standing by to connect Sailors with detailers.

Q3. Will boards and other official meetings in Millington be impacted by COVID-19?
A3. Navy Personnel Command will be reviewing each board, board member and situation on a case by case basis and proceeding in a cautious but logical manner to ensure the health and well-being of our workforce is balanced with mission obligations.

Q4. What do I do if I am returning from or traveled through a COVID-19 Warning Level 3 or Alert Level 2 country?
A4. Service Members who travel or have traveled in the prior 14 days to or through a CDC COVID-19 Warning Level 3 or Alert Level 2 location will immediately notify their chain of command and be placed in a 14 day restriction of movement (ROM) status. Service Members will comply with Navy Component Commander guidance concerning pre- and post- travel medical screening and reception procedures to include ROM.

Service Members who travel or have traveled in the prior 14 days and had close contact with someone with a confirmed COVID-19 infection and feel sick with a fever, cough or difficulty breathing shall:
- Inform their Senior Medical Department Representative immediately.
- Seek medical care immediately. Before going to the office of a doctor or emergency room, call ahead to provide recent travel locations and symptoms.
- Avoid contact with others.
- Stay home except to get medical care.
- Cover mouth and nose with tissue or sleeve (not hands) when coughing or sneezing.